



Concern Talks Calendar 2024

(Topics, dates and times subject to change based upon local, national or world events)

<p>Tuesday's Link: Click here to join the meeting Meeting ID: 276 335 388 517 Passcode: uFtrA4 Phone: +1 901-440-4286,,178731668#</p> <p>Thursday's Link: Click here to join the meeting Meeting ID: 269 459 026 143 Passcode: 9nsjEh Phone: +1 901-440-4286,,840722006#</p>		
January	<i>National Mentoring Month</i>	Career & Technical Education Month National Blood Donor Month
<p>Tuesday, January 9, 2024 at 10 am – Peer Coaching (15 minute session) Thursday, January 25, 2024 at 4 pm- Peer Coaching (15 minute session)</p>		
February	<i>National Time Management Month</i>	Black History Month American Heart Month
<p>Tuesday February 6, 2024 at 10 am – Time Management (15 minute session) Thursday February 22, 2024 at 4 pm – Time Management (15 minute session)</p>		
March	<i>National Ethics Awareness Month</i>	National Women's History Month National Nutrition Month
<p>Tuesday March 5, 2024 at 10 am – Workplace Values & Ethics (15 minute session) Thursday March 21, 2024 at 4 pm – Workplace Values & Ethics (15 minute session)</p>		
April	<i>Stress Awareness Month</i>	Financial Literacy Month Sexual Assault Awareness Month
<p>Tuesday April 2, 2024 at 10 am – Saying No to Stress (15 minute session) Thursday April 25, 2024 at 4 pm – Saying No to Stress (15 minute session)</p>		
May	<i>Better Sleep Month</i>	Asian and Pacific Islander Month Mental Health Month
<p>Tuesday May 7, 2024 at 10 am – How Sleep Impacts Your Mental Health (15 minute session) Thursday May 23, 2024 at 4 pm – How Sleep Impacts Your Mental Health (15 minute session)</p>		
June	<i>PTSD Awareness Month</i>	National Great Outdoors Month
<p>Tuesday June 4, 2024 at 10 am – Trauma 101 (15 minute session) Thursday June 20, 2024 at 4 pm – Trauma 101 (15 minute session)</p>		
July	<i>Social Wellness Month</i>	National Make a Difference to Children Month





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Tuesday July 2, 2024 at 10 am – Your Presence is a Present (15 minute session)		
Thursday July 25, 2024 at 4 pm – Your Presence is a Present (15 minute session)		
August	<i>Happiness Happens Month</i>	Children’s Eye Health & Safety Month Immunization Awareness Month
Tuesday August 6, 2024 at 10 am – Choosing to be Happy (15 minute session)		
Thursday August 22, 2024 at 4 pm – Choosing to be Happy (15 minute session)		
September	<i>Suicide Prevention Awareness Month</i>	Healthy Aging Month National Recovery Month
Tuesday September 3, 2024 at 10 am – Signs, Symptoms and Prevention of Suicide (15 minute session)		
Thursday September 19, 2024 at 4 pm – Signs, Symptoms and Prevention of Suicide (15 minute session)		
October	<i>Emotional Intelligence Awareness Month</i>	Domestic Violence Awareness Month Breast Cancer Awareness Month
Tuesday October 1, 2024 at 10 am – Emotional Intelligence for the Workplace (15 minute session)		
Thursday October 17, 2024 at 4 pm – Emotional Intelligence for the Workplace (15 minute session)		
November	<i>Diabetes Awareness Month</i>	Lung Cancer Awareness Month Native American Heritage Month Caregivers Month
Tuesday November 5, 2024 at 10 am – Diet and Mental Health (15 minute session)		
Thursday November 21, 2024 at 4 pm – Diet and Mental Health (15 minute session)		
December	<i>Safe Toys and Gifts Month</i>	National Human Rights Month Give the Gift of Sight Month
Tuesday December 3, 2024 at 10 am – Staying Mentally Well During the Holidays (15 minute session)		
Thursday December 19, 2024 at 4 pm – Staying Mentally Well During the Holidays (15 minute session)		

